

FORT BERTHOLD Housing Authority

Volume 2 / Issue 8

AUGUST 2020

Lease Compliance and Inventory will be handing out COVID-19 supply buckets to our Tenants this month with additional information. We have already given all our elderly tenants COVID-19 bucket supply's first and will be handing out them the addition information.

We are open at our regular hours at 8:00am to 4:30pm by appointment only due to COVID. We are taking Rent Payments by mail. Please send to:

FBHA PO Box 310 New Town, ND 58763

If you want to contact lease compliance regarding rent or application to our units please call/text 701-421-1249

If you are a tenant and have a Maintenance Emergency please call

701-627-3045 or call /text 701-421-8585 or call/text 701-421-1249

For more information go to our website at www.fbha.org or Facebook/Instagram and like us!

People that celebrate their birthday in August have either the star sign of Leo (1-22 august) or Virgo (23-31 August).



WWW.FBHA.ORG

TONI PARISEN, EXECUTIVE DIRECTOR

TONIP@FBHA.ORG

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CAROLYN@FBHA.ORG

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MAINTENANCE@FBHA.ORG

EUGENIA HALL, ENVIRONMENTAL MANAGER

EUGENIA@FBHA.ORG

BILL JACOBS, INSURANCE MANAGER

Recommended Safety Tips

HOW IMPORTANT IS AN ANNUAL EYE EXAM ?

1 IN 4 CHILDREN HAS A VISION PROBLEM.

EVERY CHILD. EVERY YEAR.

VISION CAN AFFECT SPORTS PERFORMANCE, TOO!

- HAND-EYE COORDINATION
- DEPTH PERCEPTION
- EYE TRACKING ABILITY

60% OF CHILDREN WITH LEARNING DIFFICULTIES HAVE AN UNDETECTED VISION PROBLEM.

80% OF INFORMATION CHILDREN RECEIVE IN THE CLASSROOM IS PRESENTED VISUALLY.

70% OF JUVENILE DELINQUENTS HAVE AN UNDETECTED AND UNTREATED VISION PROBLEM.

JOIN LET'S GO SEE IN OUR COMMITMENT TO GIVE 10,000 EYE EXAMS AND GLASSES.

Image Credit: businesswire.com

August is dedicated to preventing eye injuries and vision loss and saving children's eyesight. One of 20 children ages 3 to 5 has a vision problem that could result in permanent vision if left untreated.

Children should have an eye exam at 6 months and this must be repeated at age 3. Once they start school, eye exams must be done regularly. About 80% of what children learn in school is taught visually, which means if a child has an undetected and uncorrected vision problem, it will affect the child's development and performances in school. Some warning signs that your child may be experiencing vision problems are:

- Tilting the head or squinting to see the class board better or when watching TV
- Frequent eye rubbing when he's trying to concentrate on something.
- Holding a book too close to his eyes or often sitting close to the TV.
- Consistently using his fingers to guide his eyes when reading.
- Closing one eye to read or watch TV.
- Excessive tearing without any tear-causing stimuli.
- Eye discomfort when using a computer or any digital device i.e. digital eye strain.
- Sensitivity to light, which sometimes accompanied by headache or nausea.
- Wandering eyes

[FBHA NOW HAS FACEBOOK AND INSTAGRAM!!!](#)



Pesto Corn Salad with Shrimp

This recipe showcases the beautiful bounty of summer with its fresh corn, tomatoes and delicious basil. Prevent browning by placing plastic wrap directly on the salad or spritzing with lemon juice.

—Deena Bowen, Chico, California

TOTAL TIME: Prep: 20 min. + chilling **YIELD:** 4 cups.

Ingredients

- 4 medium ears sweet corn, husked
- 1/2 cup packed fresh basil leaves
- 1/4 cup olive oil
- 1/2 teaspoon salt, divided
- 1-1/2 cups cherry tomatoes, halved
- 1/8 teaspoon pepper
- 1 medium ripe avocado, peeled and chopped
- 1-pound uncooked shrimp (31-40 per

pound), peeled and deveined

Directions

- In a pot of boiling water, cook corn until tender, about 5 minutes. Drain; cool slightly. Meanwhile, in a food processor, pulse basil, oil and 1/4 teaspoon salt until blended.
- Cut corn from cob and place in a bowl. Stir in tomatoes, pepper and remaining salt. Add avocado and 2 tablespoons basil mixture; toss gently to combine.
- Thread shrimp onto metal or soaked wooden skewers; brush with remaining basil mixture. Grill, covered, over medium heat until shrimp turn pink, 2-4 minutes per side. Remove shrimp from skewers; serve with corn mixture.

Nutrition Facts

1 serving: 371 calories, 22g fat (3g saturated fat), 138mg cholesterol, 450mg sodium, 25g carbohydrate (8g sugars, 5g fiber), 23g protein.

**JOB ANNOUNCEMENTS -August – September
,2020**

Administration

Contract Officer - \$Salary, DOQ/DOE.

Maintenance Dept.

Maintenance Manager- Starting, Full Time \$
DOQ/DOE

Maintenance Worker(s)-starting, Full-Time
\$17.00 per hour

(White Shield, Twin Buttes, Four Bears, Mandaree,
New Town, Parshall)

LIHTC Custodian/Grounds Keeper(s)- starting, Full-
Time \$16.00 per hour

Custodian-starting, Part-Time \$16.00 per hour

Modernization/Renovation Dept.

Modernization/Reno Clerk-starting, Full-Time \$16.00
per hour

Carpenter Helper(s)-starting, Full-Time \$18.00 per
hour

Lease Compliance Dept.

Lease Compliance Manager- Starting, Full Time \$
DOQ/DOE

Lease Compliance Specialist-starting, full-Time
\$16.00 per Hour

(New Town, Parshall and Four Bears, Mandaree)

Environmental Dept.

(2) Technician-starting, Full-Time \$17.00 per
hour

Excellent Benefits Free Employee

Medical/Dental/ Vision/ Life Insurance

Matching 401 (k) Plan

Contact: Human Resources or

Executive Director

We have Contracted 3 youth worker for the
east side to help us get the Vacant units lawns
mowed for the rest of the summer.

Important Notice:

In effort to mitigate the community spread of COVID-19 Fort
Berthold Housing Offices have opened to the Public by
appointment only, as of June 29, 2020.

We are still here and ready to help you.

We want you to know that the safety of our tenant and
employees are our top concern.

We have taken several steps to safely serve our community.

- Our lobby, offices and public spaces are being given an additional level of cleaning.
- We've asked employees to take added measures in prevention by keeping their hands and work stations clean. Wearing mask at all times using hand sanitizer or wearing of gloves
- We have instructed employees to stay home if they exhibit any signs of illness.
- We have limited travel for our employees as well as large gatherings and trainings.

When our doors are open, we want everyone to follow our guidelines when coming into the building.

- Everyone must wear mask
- Use hand Sanitizer with entering before signing in at the reception desk.
- Do not bring any extra persons with you if not necessary.
- Please don't come in if you have been sick, or are sick, or be around anyone who is sick with COVID-19 symptoms
- Please do not enter if you have traveled within the last two weeks or been around someone who has traveled.

Thank you for your time and if you have any question please feel free to contact us.

Please contact Lease Compliance at 701-421- 1249
Maintenance 701-627-4730 Administrative 701-421-0479



**Thank you for being
courageous
superheroes on the
frontlines.**



FBHA July Leadership Award goes to Mayda Logg – Accounts Receivable. Thank you for all that you do and always going that extra step!

[New FBHA Employees](#)
Carol Burr – HR

Contact us

Compliance in each Segment:

Lease Compliance Manager, **Open**
Office.701.627.4731

New Town LC, **Open**
Office.701.627.4731

Four Bears LC, **Open**
fourbears@fbha.org Office.701.627.4731
cell.

Parshall LC, **Open**
parshall@fbha.org Office.701.862.3342
cell.

Mandaree LC, **Open**
Mandaree@fbha.org office.701.759.3117

White Shield LC, Clemen Perkins
clemen@fbha.org Office.701.743.4455
cell.701.421.1249


Twin Buttes LC, Hope Crows Heart
twinbuttes@fbha.org Office.701.938.4771
cell.701.421.9776

Hidatsa Homes Manager, Carol Villa
hidatsahomes@fbha.org cell.701.421.9605

Brooks Heights Manager, Sarah Bruce
sarah@fbha.org Office.701.627.4461
cell.701.421.1516

Prevent the spread of COVID-19 in **7 STEPS**

- 01** Wash your hands frequently
- 02** Avoid touching your eyes, nose and mouth
- 03** Cover your cough using the bend of your elbow or a tissue
- 04** Avoid crowded places and close contact with anyone that has fever or cough
- 05** Stay at home if you feel unwell
- 06** If you have a fever, cough and difficulty breathing, seek medical care early — but call first
- 07** Get information from trusted sources



SOURCE: WORLD HEALTH ORGANIZATION

Request for Bid

The Fort Berthold Housing Authority is requesting bids for 8 foundations to be built on the Fort Berthold Indian reservation. Bids will include demolition, partial excavation, water and sewer stub-in, forms, footings, poured footing wall, rebar, sealing, insulation, drain tile, sump pit, sill plate and backfill. Deadline for bids will be **August, 2020**. For more detailed information please contact FBHA.

CONTACT: FOREST MANDAN

Cell: 701-421-7272

Office: 701-627-4731 Ext 228

Email: forest@fbha.org

CONTACT: TONI PARISIEN

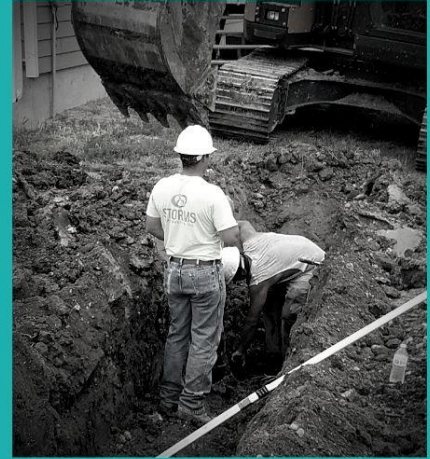
Cell: 701-421-0479

Office: 701-627-4731 Ext 240

Email: tonip@fbha.org

FBHA has the right to reject any and all Proposals and/or Bids and solicitations

Phase 1A & Demo



Driveways ,walkways, steps and water lines
being completed

AUGUST

2020

FBHA Maintenance Office open 8:00am to 4:30pm

Phone #701-627-3045

Maintenance Emergency's Please call

Clemen Perkins at 701-421-1249

What Qualifies as a Maintenance Emergency Request?

- Loss of heat
- Loss of water /water leak
- Loss of use of appliance
- Loss of use of Toilet
- Loss of electricity in your unit
- Any life -safety matters

Integrity. Excellence. Honesty. Diversity.
Respect. Responsibility. Compliance



If anyone in your House hold is sick or has been sick in the last 14days, please Notify us at the time you place your Request!

Only Emergency Request will be addressed at this time.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AP week					RENT DUE 1 st Of Every Month	1 Carolyn Spotted Bear B-day
2	3	4 Lease Compliance Training @10:00am	5 Lease Compliance Training @10:00am	6 Project Plan / MTG Zoom Lester Lone Bear B-day	7	8
9 AP week	10 Preston Meanus B-day	11	12 Board Reports Due	13 TBC Project Plan / MTG Zoom	14	15
16	17	18 Regular BOC Meeting	19	20 Project Plan / MTG Zoom	21	22
23 AP week	24	25	26 Voting for August Employee Leadership Award	27 Project Plan / MTG Zoom Kenny Matthews B-day	28	29
30	31					