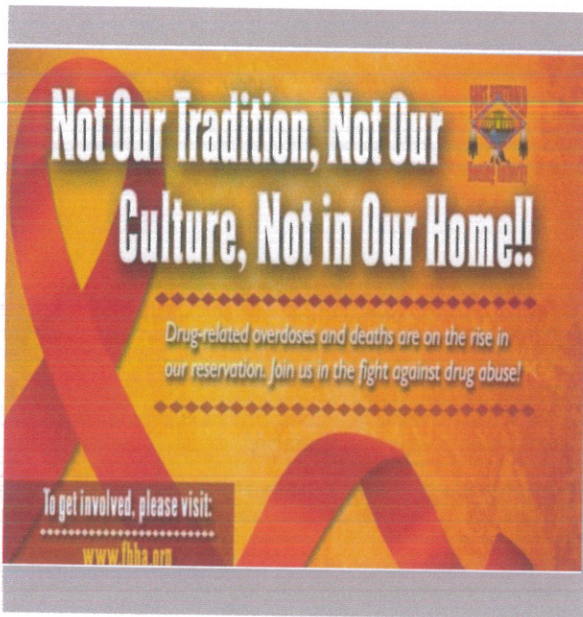


FORT BERTHOLD Housing Authority

Volume 2 / Issue 10

OCTOBER 2020



WWW.FBHA.ORG

TONI PARIEN, EXECUTIVE DIRECTOR

TONIP@FBHA.ORG

NICOLE CHAVEZ, EXECUTIVE ASSISTANT

NICOLE@FBHA.ORG

COBY RABBITHEAD, CHIEF FINANCIAL OFFICER

COBY@FBHA.ORG

FOREST MANDAN, SPECIAL PROJECT

FOREST@FBHA.ORG

, HUMAN RESOURCES MANAGER

HR@FBHA.ORG

DAVID BROWN, MOD/REN MANAGER

DAVID@FBHA.ORG

CAROLYN SPOTTED HORSE, COURT ADVOCATE

CAROLYN@FBHA.ORG

LESTER LONE BEAR JR, MAINTENANCE MANAGER

MAINTENANCE@FBHA.ORG

EUGENIA HALL, ENVIRONMENTAL MANAGER

EUGENIA@FBHA.ORG

BILL JACOBS, INSURANCE MANAGER

**FORT BERTHOLD
Housing Authority**

**Not Our Tradition,
Not Our Culture,
Not In Our Home.**

DRUG AWARENESS CAMPAIGN

FORT BERTHOLD HOUSING AUTHORITY IS HOSTING EVENTS ACROSS THE FORT BERTHOLD RESERVATION TO BRING AWARENESS AND EDUCATE OUR COMMUNITIES OF THE INCREASING OVERDOSES AND DEATHS THAT ARE OCCURRING ON OUR RESERVATION. THIS PROBLEM NOT ONLY AFFECTS US, BUT OUR COMMUNITY.

OCTOBER 13 TWIN BUTTES WALK/RUN REGISTRATION PERMITTED 11AM-1PM	OCTOBER 14 MANDAREE WALK/RUN REGISTRATION PERMITTED 4PM-6PM	OCTOBER 15 NEW TOWN WALK/RUN REGISTRATION PERMITTED 4PM-6PM	OCTOBER 19 WHITE SHIELD INFO STAND TIME TBA	OCTOBER 21 PARSHALL INFO STAND TIME TBA	OCTOBER 28 FOUR BEARS WALK/RUN REGISTRATION PERMITTED 3PM-5PM
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T-SHIRTS | DOOR PRIZES | FOOD

We will be following all CDC guidelines
masks and hand sanitizer will be available.

IF YOU HAVE ANY QUESTIONS OR NEED FURTHER INFORMATION PLEASE CONTACT NICOLE CHAVEZ AT (701) 421-3117 OR NICOLE@FBHA.ORG

f @FORTBERTHOLDHOUSINGAUTHORITY **ig @FORT.BERTHOLDHA**

October is a busy month not only is it Breast Cancer awareness month but also Drug awareness.

We have this problem in our Communities. In units unfortunately but without any reports we cannot move forward to get rid of this Epidemic or get help to those who made need it.

One of our main focus is to connect to the children and let them know this is not our tradition, not our culture not in our Home.

In each Segment there will be speakers from different entities of the community. And information for adults and children. Even how to get rid of old prescriptions properly.

Donations and door prizes have been received from some segment councils and local business on the Fort Berthold Reservation for this campaign. Events will either have a walk/run or Parade. Including T-shirts, Door prizes, and food.

More information will be on our Face Book page.



Say No to Drugs

Ribbons Created for awareness and will be put up in each community.

At the time we would like to thank all the councils and Local community Business that have helped us make this possible.

Travel lodge	Jasons Super Foods	Domestic Violence	Dariy Queen in Beulah	White shield Segment
Pizza Pie on the Fly	Larsons	Cornerstone	Ace Hardware Beulah	Hazel Heart
NT News Paper	Mandan beading store	Floral shop- Val	Bronson's Beulah	Make Sense
MWEC	Jack and Jill	North Segment	MHA HR	
Better B Caf'e	Higer ED	Amerind	little shell Auxiliary 300	
NDPRMC	United Quality	Parshall Food Pride	4 bears	
Amerind	Trading post	TB segment	BBH Insurance	
Dakota West Bank	Renolds Insurance	TB school	Ree lodge management	
Ranchmans	Smoke shop	477	Twin buttes CDC	

Progress of the demo work in Twin Buttes of 2 units (pic 1-3) and by the collage of the 4 unites that were there. (last pic)





October is Breast Cancer Awareness Month and to help spread awareness for this causes is very important to us at FBHA.

No one knows when, or if, or who, might get these diseases. Nor does anyone really think they may get it or know someone who does. But it truly hits home especially when we have one of our own dealing with this, and all we could ever really do is let them know we are here and will help in any way we can.

I'm sure it's extremely hard for some to talk about maybe not but this is why we want others to know it can happen. That's why it is important to have your yearly checkup after the age 40. It can save a person's life.

This month we have created on Facebook a group called "She is Brave" to help support and promote awareness. It is also a fundraiser to help expenses for Coby Rabbithead who is Brave and strong. We are raffling off items. Please check it out it will go on till the end of October.

FBHA surprised Coby with lunch including desert 😊



For our community for more information or to schedule a mammogram appointment please contact the Women's way Coordinator Lila Wells at 701-627-7620 or the EMHC mammogram Tech Tracy Lynne 701-627-7680 at Elbowoods Heath Center.

#Team Coby

We are still open at our regular hours at 8:00am to 4:30pm **by appointment only due to COVID-19**. We are taking Rent Payments by mail. Please send to:

Fort Berthold Housing Authority PO Box 310 New Town, ND 58763

If you want to contact lease compliance regarding rent or application to our units please call/text 701-421-1249

If you are a tenant and have a Maintenance Emergency please call

701-627-3045 or call /text 701-421-8585 or call/text 701-421-1249

For more information go to our website at www.fbha.org or Facebook/Instagram and like us!

FBHA

Parshall HUD

3 bed room units are ready and accepting applications
Rent will be according to income.

Please contact Office at 701-627-4731 or 701-421-1249 for more information

Mandaree

WE HAVE 3 AVAILABLE TITLE VI UNITS

- 3 -3 bedroom ,2bath units
- Deposit \$500.00
- Animal deposit as well
- Lowest rent base is \$609.00

Contact FBHA at 701-627-4731 or 701-421-1249
Please see our web page at www.fbha.org or clemen@fbha.org for application



Administration

Contract Officer - \$Salary, DOQ/DOE.

Maintenance Dept.

Maintenance Manager- Starting, Full Time \$ DOQ/DOE

Maintenance Worker(s)-starting, Full-Time

\$17.00 per hour

(White Shield, Twin Buttes, Four Bears, Mandaree, New Town, Parshall)

LIHTC Custodian/Grounds Keeper(s)- starting, Full-Time \$16.00 per hour

Custodian-starting, Part-Time \$16.00 per hour

Modernization/Renovation Dept.

Modernization/Reno Clerk-starting, Full-Time \$16.00 per hour

Carpenter Helper(s)-starting, Full-Time \$18.00 per hour

Lease Compliance Dept.

Lease Compliance Manager- Starting, Full Time \$ DOQ/DOE

Lease Compliance Specialist-starting, full-Time \$16.00 per Hour (New Town, Parshall and Four Bears, Mandaree)

Environmental Dept.

(2) Technician-starting, Full-Time \$17.00 per hour

**Excellent Benefits Free Employee Medical/Dental/
Vision/ Life Insurance
Matching 401 (k) Plan**

**Contact: Human Resources or
Executive Director**

FBHA September Leadership Award has ended in a tie. Congratulations to **Hope Crows Heart**, Twin Buttes Lease Compliance and **Sarah Bruce**, Brook Heights Manager.

"Thank you, ladies, for all you do".

New FBHA Employees

CamRanh Eagle Chasing, Modernization



Important Notice:

In effort to mitigate the community spread of COVID-19 Fort Berthold Housing Offices have opened to the Public **by appointment only**, as of June 29, 2020.

We are still here and ready to help you.

We want you to know that the safety of our tenant and employees are our top concern.

We have taken several steps to safely serve our community.

- Our lobby, offices and public spaces are being given an additional level of cleaning.
- We've asked employees to take added measures in prevention by keeping their hands and work stations clean. Wearing mask at all times using hand sanitizer or wearing of gloves
- We have instructed employees to stay home if they exhibit any signs of illness.
- We have limited travel for our employees as well as large gatherings and trainings.

Our doors are open, we want everyone to follow our guidelines when coming into the building.

- Everyone must wear mask
- Use hand Sanitizer with entering before signing in at the reception desk.
- Do not bring any extra persons with you if not necessary.
- Please don't come in if you have been sick, or are sick, or be around anyone who is sick with COVID-19 symptoms
- Please do not enter if you have traveled within the last two weeks or been around someone who has traveled.

Thank you for your time and if you have any question please feel free to contact us.

Please contact Lease Compliance at 701-421- 1249 Maintenance 701-627-4730

Administrative 701-421-0479



HALLOWEEN IDEAS FOR KIDS

<https://www.thesprucecrafts.com/free-pumpkin-carving-patterns-and-templates-1357644>

Spooky Slime

With this spooky slime activity, children will get practice following directions and getting messy as they learn all about slime! First, roll up your sleeves and start mixing the ingredients together with a wooden spoon. Then, start kneading it with your hands until you have a nice gooey, sticky substance. Finally, it's time to add the spooky eyes, glitter, etc. to complete the slime masterpiece. Geared towards kindergarten through third grade students, this is a fun science activity for the classroom or home!

What You Need:

- 1 bottle of white washable school glue
- ¼ cup liquid starch, [slime activator](#) or [borax slime activator](#)
- 2-4 drops of food coloring
- Medium-sized mixing container such as a bowl or cauldron (this makes it super spooky!)
- Wooden mixing spoon
- Optional: googly eyes, glitter, Halloween objects (e.g., ghosts, pumpkins, etc.)

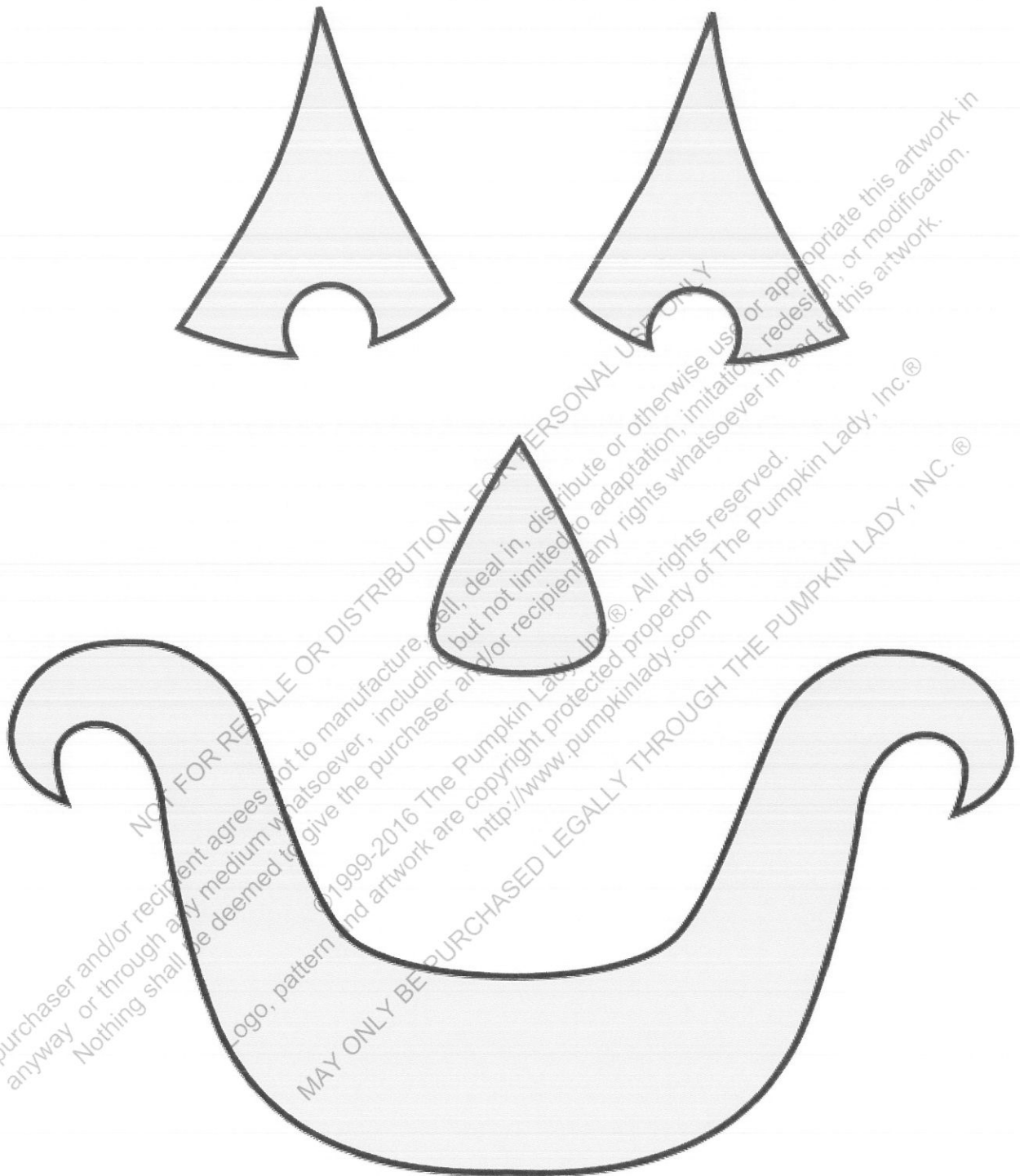


What You Do:

1. Explain to your child that today you will be making spooky slime!
2. Pour the glue into your container.
3. Instruct your child to add 2-4 drops of food coloring to the glue, then mix.
4. Show your child how to add in the liquid starch/slime activator one tablespoon at a time, mixing together as you add.
5. Mix all ingredients together until they resemble a gooey, sticky substance.
6. Invite your child to continue mixing it with their hands until it becomes slime. Ask questions such as "What do you notice happening? How does this feel? What does this remind you of?"
7. Have your child mix glitter, googly eyes, etc. to personalize their slime!
8. Play with the slime!
9. Store in a tightly closed container with a lid to reuse again and again!

Read a Halloween book such as [Room on the Broom by Julia Donaldson](#), [Monster Mess! by Margery Cuyler](#), or [Inside a House That Is Haunted by Alyssa Satin Capucilli](#) and then have your child act out parts of the story using their slime!

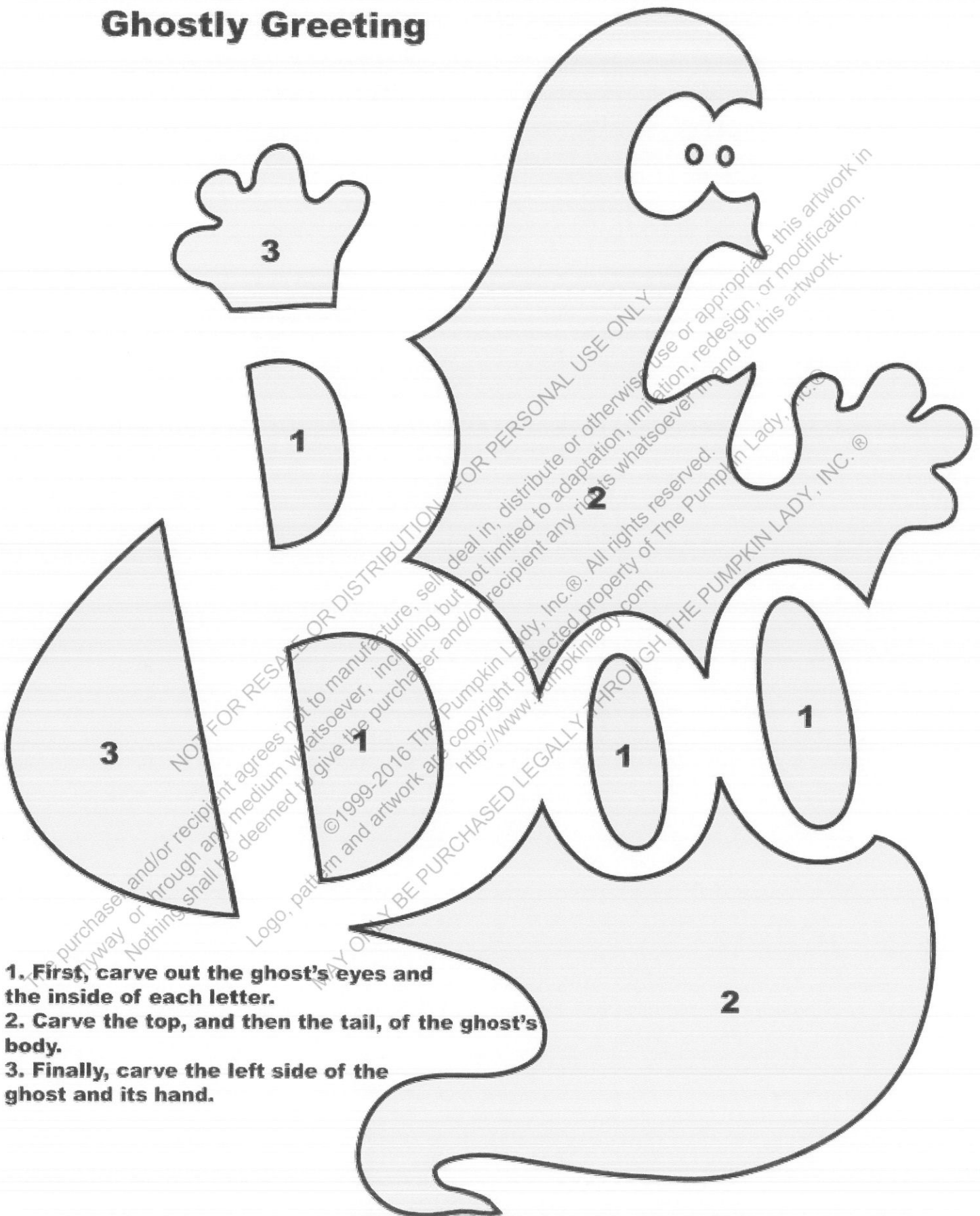
Andy



Carve out then nose first, then Andy's eyes and mouth.

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For more patterns, visit www.pumpkinlady.com.**

Ghostly Greeting



- 1. First, carve out the ghost's eyes and the inside of each letter.**
- 2. Carve the top, and then the tail, of the ghost's body.**
- 3. Finally, carve the left side of the ghost and its hand.**

Paul's Pumpkin Bars

Contact us

Compliance in each Segment:

Lease Compliance Manager, Carol Burr

lcmamnger@fbha.org Office.701.627.4731

Cell.701-421-0042

New Town LC, **Open**

Office.701.627.4731

Four Bears LC, **Open**

fourbears@fbha.org Office.701.627.4731

cell.

Parshall LC, **Open**

parshall@fbha.org Office.701.862.3342

cell.

Mandaree LC, **Open**

Mandaree@fbha.org office.701.759.3117

White Shield LC, Clemen Perkins

clemen@fbha.org Office.701.743.4455

cell.701.421.1249

Twin Buttes LC, Hope Crows Heart

twinbuttes@fbha.org Office.701.938.4771

cell.701.421.9776

Hidatsa Homes Manager, Carol Villa

hidatsahomes@fbha.org cell.701.421.9605

Brooks Heights Manager, Sarah Bruce

sarah@fbha.org Office.701.627.4461

cell.701.421.1516

These are very moist, and so far, I haven't found anyone who doesn't love them!

Prep:15 mins **Cook:**30 mins **Total:**45 mins **Servings:**24 **Yield:**2 dozen

Ingredients

Ingredient Checklist

- 4 large eggs
- 1 2/3 cups white sugar
- 1 cup vegetable oil
- 1 (15 ounce) can pumpkin puree
- 2 cups all-purpose flour
- 2 teaspoons baking powder
- 1 teaspoon baking soda
- 2 teaspoons ground cinnamon
- 1 teaspoon salt
- 1 (3 ounce) package cream cheese, softened
- 1/2 cup butter, softened
- 1 teaspoon vanilla extract
- 2 cups sifted confectioners' sugar

Directions

Instructions Checklist

• Step 1

Preheat oven to 350 degrees F (175 degrees C).

• Step 2

In a medium bowl, mix the eggs, sugar, oil, and pumpkin with an electric mixer until light and fluffy. Sift together the flour, baking powder, baking soda, cinnamon and salt. Stir into the pumpkin mixture until thoroughly combined.

• Step 3

Spread the batter evenly into an ungreased 10x15 inch jellyroll pan. Bake for 25 to 30 minutes in preheated oven. Cool before frosting.

• Step 4

To make the frosting, cream together the cream cheese and butter. Stir in vanilla. Add confectioners' sugar a little at a time, beating until mixture is smooth. Spread evenly on top of the cooled bars. Cut into squares.

Nutrition Facts

Per Serving:

278.8 calories; protein 2.6g 5% DV; carbohydrates 34.1g 11% DV; fat 15.2g 23% DV; cholesterol 45.1mg 15% DV; sodium 282.5mg 11% DV.

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Our Apple Cider Doughnut Cake is flavorful and moist with an apple cider glaze and cinnamon sugar to top it off.

AUTHOR: Jennifer Fishkind **PREP TIME:** 15 minutes **COOK TIME:** 45 minutes **TOTAL TIME:** 1-hour **COURSE:** Dessert

CUISINE: American **SERVINGS:** 12 **Ingredients**

OCTOBER 2020

Integrity. Excellence. Honesty. Diversity.
Respect. Responsibility. Compliance



FBHA Maintenance Office open 8:00am to 4:30pm
Phone #701-627-3045

Maintenance Emergency's Please call
Clemen Perkins at 701-421-1249

What Qualifies as a Maintenance Emergency Request?

- Loss of heat
- Loss of water /water leak
- Loss of use of appliance
- Loss of use of Toilet
- Loss of electricity in your unit
- Any life -safety matters

If anyone in your House hold is sick or has been sick in the last 14days, please Notify us at the time you place your Request!

Only Emergency Request will be addressed at this time.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Toni and Clemens B-day Start of new Physical year	2	3
4 AP week	5 RENT DUE 1 st Of Every Month	6	7 BOARD REPORTS DUE	8 TBC	9	10
11	12 First Nations Day Observed	13 TWIN BUTTES DRUG AWARENESS	14 Project Plan / MTG Zoom MANDAREE DRUG AWARENESS	15 LC zoom MTG NEW TOWN DRUG AWARENESS	16	17
18 AP week	19 WHITE SHIELD DRUG AWARENESS	20 BOC MEETING ZOOM	21 PARSHALL DRUG AWARENESS	22	23	24
25	26	27 Voting for October Employee Leadership Award	28 Hope Crows Heart B-day Project Plan / MTG Zoom FOUR BEARS DRUG AWARENESS	29	30 SHE IS BRAVE RAFFLE DRAWINGS	31